Employment

Personal Protective Equipment (PPE) booklet

Steel capped boots:
Steel capped boots have a piece of steel that covers your toes inside the boot. The steel is very strong so if you drop something heavy on your foot, it will stop your toes from being hurt.

Hard hat:
A hard hat is a helmet made of plastic. The plastic is very tough, so it will protect your head if you bump into something or if someone drops something on your head.

Broad-brimmed hat:
A broad-brimmed hat is one with a wide brim that keeps your face and neck in shade. This is good for protecting your face from sunburn, skin cancer and heat stroke.

Leather gloves:
Gloves are worn on your hands to protect them from dangerous things like heat and chemicals. Leather gloves also stop you from cutting or scraping your hands.

Safety glasses:
Safety glasses are clear plastic glasses you wear to protect your eyes. They stop dust, dirt and sparks getting into your eyes.

Sunglasses:
Sunglasses are glasses with dark lenses, which protect your eyes from the sun.

Ear muffs:
Ear muffs cover your ears. They protect your ears from loud noises and stop your hearing from being damaged.

Long sleeved shirt:
Long sleeved shirts cover your arms and chest. They protect your skin from the sun, stopping sunburn and skin cancer.

Dust mask:
You wear a dust mask over your mouth. Dust masks stop you from breathing in dust, which can damage your lungs.